



Head Injury Information Sheet

Health Services
Mat-Su Borough School District
501 N. Gulkana
Palmer, AK 99645
P: (907) 746-9200

Incident:

Observe your child for any of the following symptoms, and if any occur, contact your health care provider **immediately**

- Vomiting
- Drowsiness with undue irritability and acting confused
- Any unusual behaviors and/or changes in behavior
- Blurred vision
- Complaints of dizziness
- Persistent headache (**DO NOT GIVE PAIN RELIEVING DRUGS OR SEDATIVES except for Tylenol**)
- Fluid or blood coming from the ears or nose
- Weakness of any face, arm or leg muscles
- Twitching or convulsions
- Change in respiration – difficulty breathing or bluish tinge to the lips
- Difficulty speaking, slurred or incoherent speech
- Loss of consciousness

Nurse Intervention:

Check your child every 2 to 3 hours during the first 24 hours for level of consciousness and for any of the above listed symptoms. These checks should be continued beyond 24 hours if any doubt exists and you should contact your health care provider again if symptoms increase or persist.

* **REMEMBER:** If you have **any concerns** about your child’s head injury, call your healthcare provider.